

EGGY BREAD WITH SMOKED BACON & MAPLE SYRUP

Serves 1 – A sweet Breakfast treat



Ingredients

*1 Medium egg
3 tbsp Cream
Halen Môn Sea Salt and pepper
1 Slice of bread
Fino Olive Oil for frying
2 Rashers of Smoked Bacon
Maple syrup*

Break the egg into a bowl and whisk the egg together with the cream adding some seasoning. Turn the bread in the egg mixture until well coated then leave to stand until the liquid has been soaked up.

While the bread is in the egg mixture, heat the **Fino Olive Oil** in a frying pan. Then add the bread and fry until golden brown on both sides. Meanwhile, in a separate pan, fry the **Smoked Bacon** until cooked.

Serve the eggy bread with the Smoked Bacon and top with maple syrup.