

SEASONAL SUMMER SALSA IDEAS

Hopefully, you've had a fruitful harvest from your tomato plants this year? We love deep red, juicy, intense and flavourful August tomatoes; if you've had a glut then try our easy summery tomato salsa recipe below.

A simple tomato salsa can transform a portion of <u>Oak Roasted Salmon</u> or some sliced <u>Smoked Chicken</u>, particularly good on a picnic or as an accompaniment for a relaxing summer lunch.

Ingredients

4 large ripe tomatoes

1 avocado

1/2 cucumber

1/2 lime

1 small red salad onion

1 mild green/red chilli

2 tbsp of our Sweet Chilli Jam

Handful of fresh coriander, chopped

A sprinkle of Halen Môn Sea Salt and black pepper



Peel and dice the tomatoes and cucumber.

Cube the avocado.

Finely dice the red onion and squeeze over the lime juice to take the sting out of the onion.

Deseed and finely slice the chilli and roughly chop the coriander.

Combine all the ingredients with the <u>Sweet Chilli Jam</u> and season to taste with <u>Halen Môn Sea</u>

<u>Salt</u> and black pepper.

Serve with Oak Roasted Salmon or maybe some Smoked Chicken.

Enjoy!

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